



Financial statement for the year ended 30th April 2023

Women's Association for Networking and Development

Email: info@wanduk.org

Website: <https://www.wanduk.org/>

St Charles' Centre for
Health and Wellbeing
Exmoor Street
London W10 6DZ



The Trustees, who are also the directors of the charity for the purposes of the Companies Act, present their annual report together with the accounts of WAND UK for the year ended 30 April 2023. The accounts have been prepared in accordance with the accounting practices and comply with the charity's governing document, applicable laws and the requirements of Statement of Recommended Practice on 'Accounting and Reporting by Charities' issued in 2019"

Full name Women's Association for Networking & Development

Other names by which the charity is known WAND UK

Registered charity number 1111925

Registered company number 5427536

Principal address

St Charles' Centre for Health and Wellbeing
Exmoor Street
London W10 6DZ

Directors (Trustees)

Eiman Osman

Asha Singh

Nicola Ambler

Katherine Laurenson

Gladys Jusu-Sheriff

Alexandra Adeniya (Resigned)

James Oluwaseye (Resigned)

Bankers

Barclays Bank plc

Leicester

LE87 2BB

Independent examiner

Abdullah Mohamud ACMA, CGMA Taskplete Accountants 12 York Road, SW11 3QA

Governance and management

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 18th April 2005 and most recently amended. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

The methods adopted for the recruitment and appointment of new trustees is by advertisement.

WAND UK is a London wide Women's charity committed to working with marginalised and vulnerable women and girls and with special interest in working with women with mental

health, Domestic Violence victims, refugees, asylum seekers, migrants, lone parents, unemployed, low level educated, women affected by HIV and low-income families. WAND operates in the London boroughs of Kensington and Chelsea, Hammersmith & Fulham, Westminster, Camden, Hackney, Islington.

WAND UK prioritizes holistic approaches that encourage the prevention of crisis points and help build resilience. Its work is community-based and considers social and cultural context to make the changes in women's lives sustainable. WAND UK also serves as an anchor for women in the community through promoting and signposting them to other relevant services of which they may not be aware.

Our Vision: is a world free from discrimination and oppression, where people respect and value differences, and where every woman and girl enjoys all their human rights and has the opportunities to realise their full potential.

Our Mission: In pursuit of our vision, our mission is to contribute to female empowerment and enablement by supporting them to become agents of positive change for themselves, their families, their communities and society at large.

Our Values:

- Equality & fairness: our activities and services are inclusive, accessible and respond to the diverse needs and specificities of women and their families.
- Inclusion: value the importance of diversity and equality.
- Holistic & person-centred: WAND UK support takes into account all aspects of women's lives, including physical, emotional, social and economic wellbeing.

Highlights:

The cost-of-living crisis, on the back of the COVID-19 pandemic, has brought additional pressures for everyone. In the face of these challenges, our staff and volunteers continue to show a passionate and authentic determination to be there for women and girls who need our help. Our work stands out because of this deeply ingrained, shared desire to listen, to believe and empower vulnerable women and girls and provide the best quality services we can.

We continue to be as grateful as ever for the massive amounts of support and expertise our volunteers bring. They have been instrumental in helping us meet the increased demand for our services in addition to the resilience, tenacity, compassion and determination of the entire team at WAND.

For WAND securing core costs to support the infrastructure and growth of the organization continues to be a challenge. Over the next three years, WAND UK must work to invest in, and further develop, priority services that address the most pressing needs of its clients to retain focus and create a case for ongoing funding. In this regard, the Charity is consolidating its work under overarching the following service strands:



Service Strands:

- ➔ SERVICE STRAND 1:
ADVICE & ADVOCACY
- ➔ SERVICE STRAND 2:
LIFELONG LEARNING
- ➔ SERVICE STRAND 3:
HEALTH & WELLBEING

Aim of the service strand

Free advice and support
Community-based education
Improve health and well being
Increasing their self-esteem.

OUR SERVICES AT A GLANCE

Dance Reflexology Young Girls' Project Community food distribution

Advice & information 1:1 digital literacy support

Beauty & self-care Educational excursions VAWG helpline and workshops

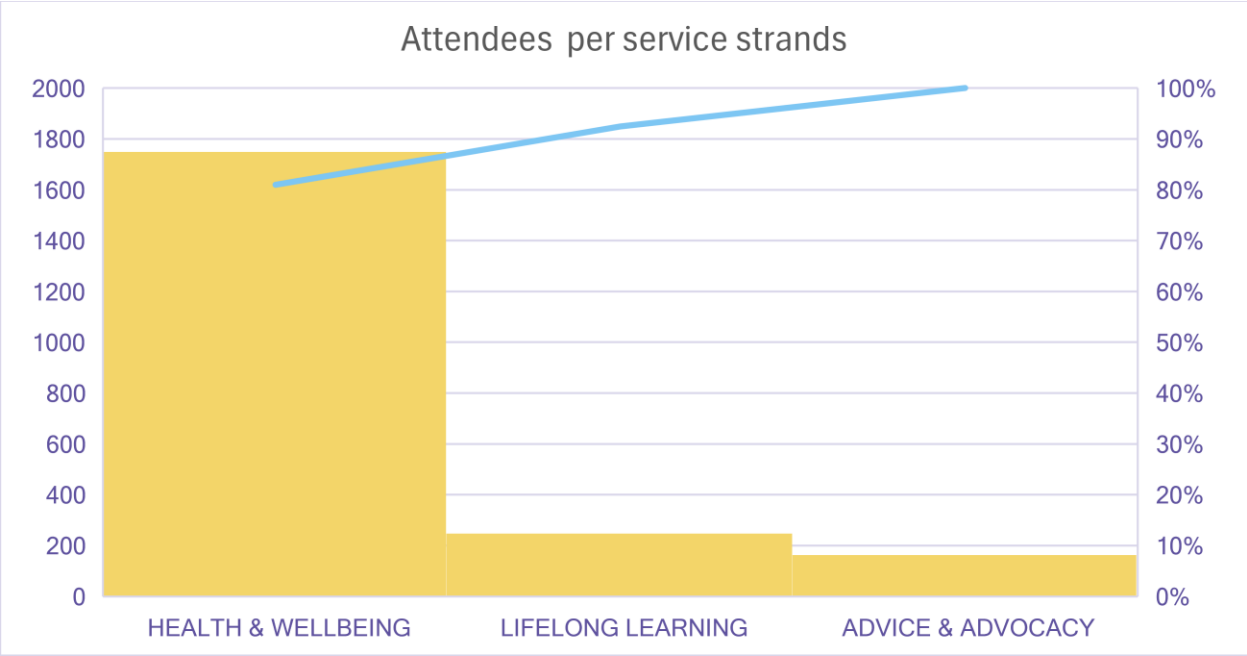
Green Shots Gardening Multilingual telephone befriending

Personal financial grants Happy Healthy Family Club Holiday Activities & Food Programme (HAF)

Our Impact in numbers:

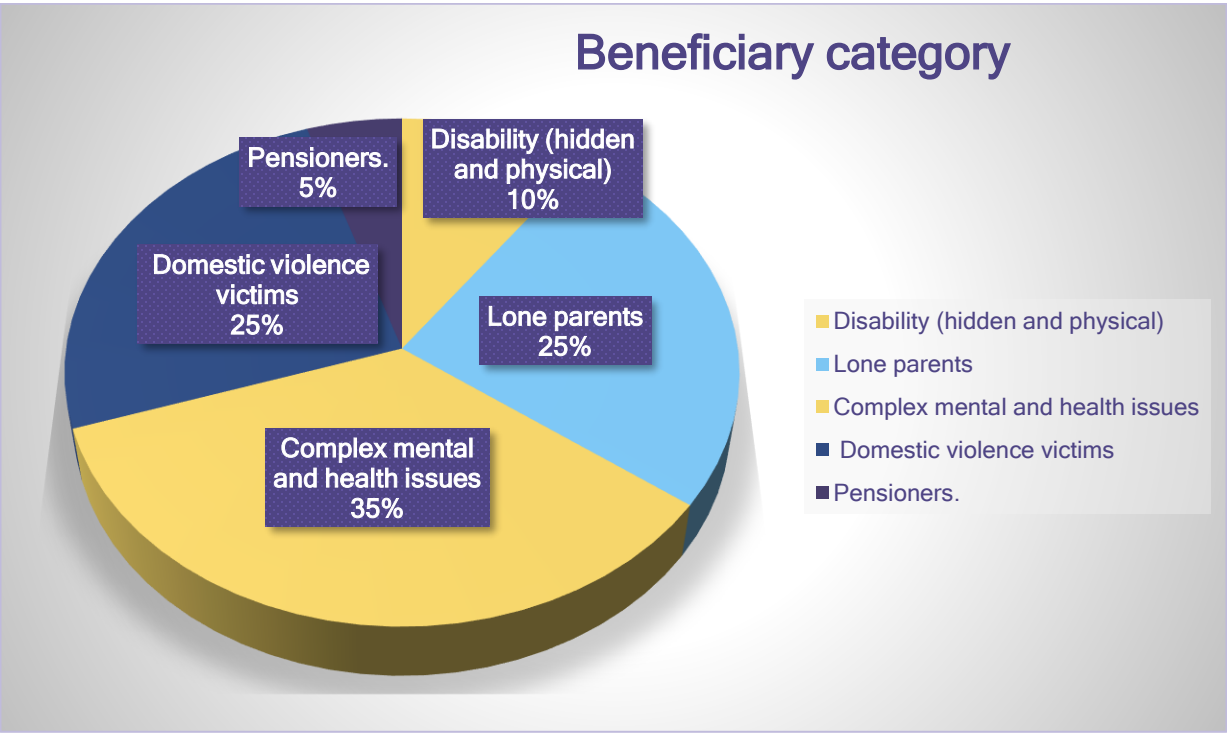
The past twelve months have been a time of recovery, improvement, and growing needs of our service users. The rising cost of living has been associated with a reduction in wellbeing, including increased anxiety and worsening mental health especially for households already on lower incomes. They tended to spend a higher proportion of their income on energy and food. Throughout the year there has been a significant uplift in the number of women and girls we have helped. Overall, the charity helped 2,160 participants of which *1,500 are unique beneficiaries*.





This was an increase of **44%** compared to last year.


WAND UK continued to reach women who face significant barriers. 85% were from an ethnic minority group, 10% of clients considered themselves to have a disability (hidden and physical), 25% were lone parents, 35% had a complex of mental and health issues, 25% were domestic violence victims and 5% were pensioners.



WAND called 576 housebound women including elderly, domestic violence victims, refugees, asylum seekers and women with health and mental issues. 15% of the beneficiaries joined our team as volunteers, 55% were linked to other activities such as gardening, reflexology, coffee mornings, telephone befriending, online dance and beauty and self-care. 45% felt confident they knew how to access help in future. 90% said they feel more connected to the community and their wellbeing has improved since they started receiving our weekly calls. 55% were supported with housing, home repairs, benefits, access to health and Social care services, rights, and entitlements.

WAND UK works in close partnership with local and national bodies and deliver its services through volunteer-led interventions.

Our Stories:

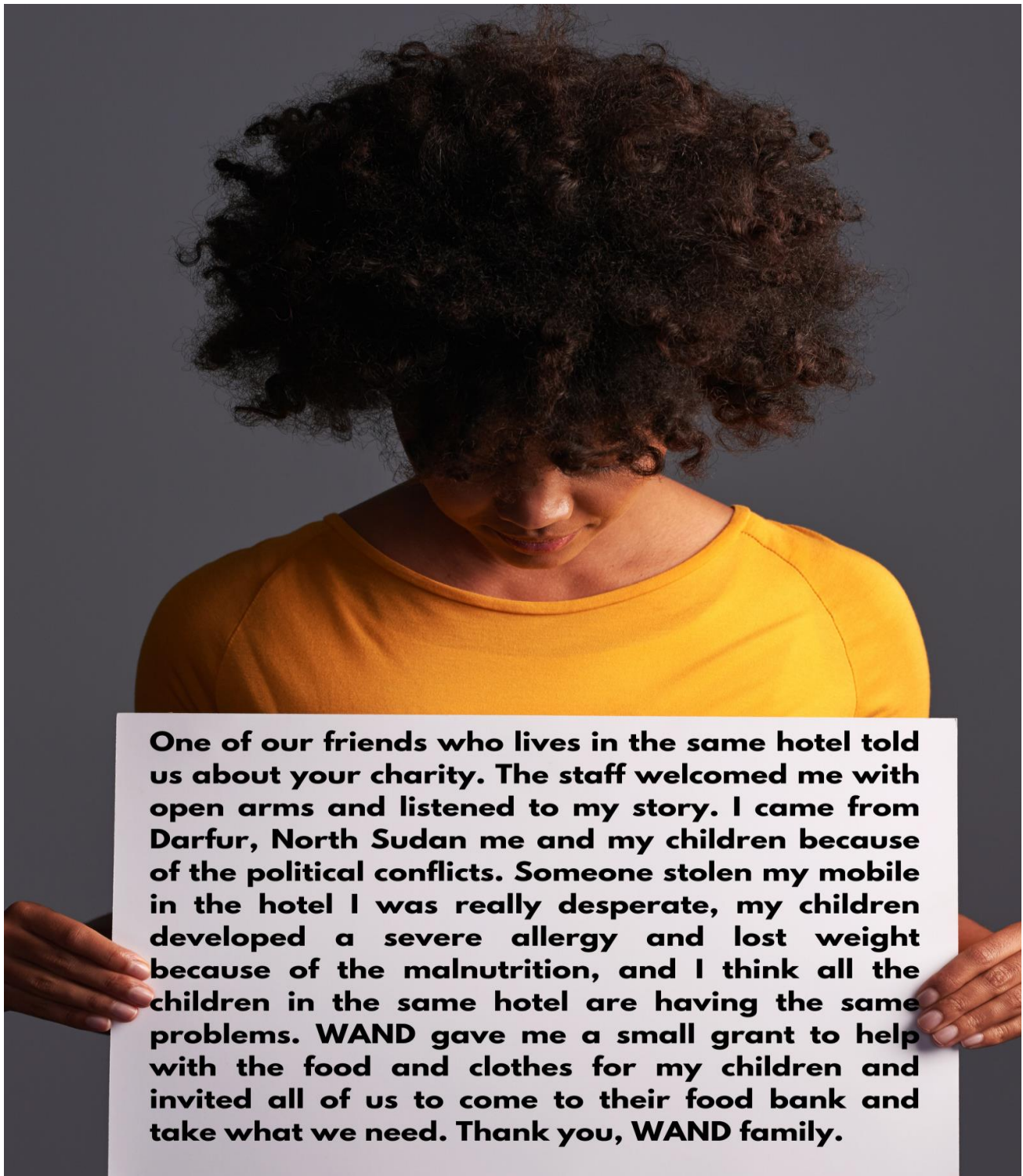


**MY
STORY**

**I came from Iran -Human trafficking – I left my daughter behind which is painful for me. I can't speak English only Farsi and I don't have any recourses to public funds. WAND called an Iranian lady to translate for me. They helped me with small grants and invited me to their activities to lessen my isolation. Very happy I came across this charity.
Thank you WAND.**

“It is so comforting that least WAND feeds me on weekly basis. It is like one less bill to pay.”
Elfleda - Pensioner

“Food support takes the huge pressure off us as we know that even if we ran out of money, we would not go hungry.” **Esam T**

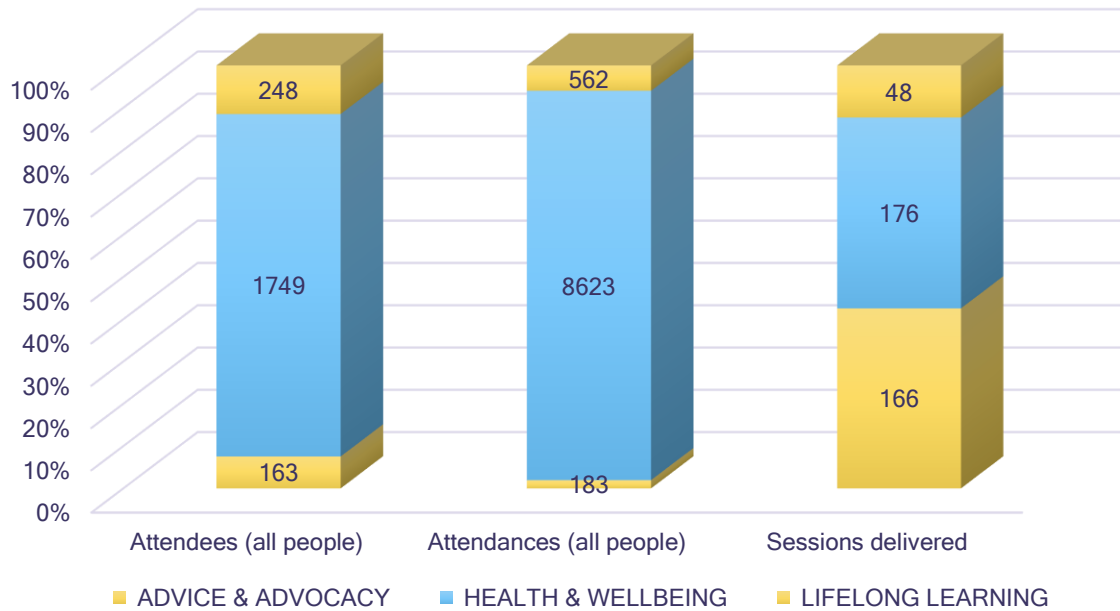


One of our friends who lives in the same hotel told us about your charity. The staff welcomed me with open arms and listened to my story. I came from Darfur, North Sudan me and my children because of the political conflicts. Someone stolen my mobile in the hotel I was really desperate, my children developed a severe allergy and lost weight because of the malnutrition, and I think all the children in the same hotel are having the same problems. WAND gave me a small grant to help with the food and clothes for my children and invited all of us to come to their food bank and take what we need. Thank you, WAND family.

CLIENT-CENTRIC

The voices of the women WAND UK serves will inform decision-making and we will take proactive steps to ensure that WAND UK continues to be an organization where everyone is welcome and can thrive.

Participation per service strand



Aims and objectives:

WAND UK engages with women both individually and in groups, to support them to take control over their own lives, improve their health and well-being, increase their self-esteem and to make their voices heard. WAND UK strives to reach out to the most vulnerable women in communities by putting the individual at the Centre of its interventions. Through its YANA project, WAND UK' aim is to:

- To provide information and referrals to more marginalised women in need
- To support women and girls' empowerment through cultural and educational projects and activities
- To encourage and collaborate with other BAMER and women focused organizations where possible.
- To promote Girls' Health and wellbeing and increase their participation in their communities.
- To Increase women's voice.
- To increase ability to contribute to society on own terms.



Highlights from our work in 2022/2023

Supporting equity, diversity, and inclusion: WAND UK is committed to equality and non-discrimination. It will ensure that the activities and services it provides are inclusive, accessible and respond to the diverse needs and specificities of women and their families.

Safeguarding: We have a legal and moral responsibility to protect from harm everyone who encounters our organization and that includes beneficiaries, trustees, staff and volunteers. The review of the safeguarding policy is always at the heart of the Board of Trustees' agenda.

Performance: Throughout this year, our strong and resilient team of staff and committed volunteers contributed in delivering impactful services which resulted in positive outcomes for our local residents and communities. In this continuing difficult time, WAND has substantially maintained its service delivery and has continued to enable positive outcomes for its beneficiaries to be achieved. WAND continued to work with the 3 key messages to improve and maintain the women's health and mental well-being.

We have maintained our focus on elements that we believe have the greatest impact on the lives of vulnerable women and girls. The charity through its weekly food bank has supported over than 700 families including 30 housebound with 6,227 attendances. 124 women benefited from our reflexology therapy, wellbeing and self-care services. 390 sessions were provided including advice sessions, educational workshops, peer and group support, one to one emotional and practical support, online physical activities. WAND will continue its work to improve and maintain BAME women's health and well-being.

During the school holidays we ran Holiday activities and Food for children aged 7 to 13 year old, We received financial support from the Holiday Activity Fund (RBKC). This meant that we were able to offer the children and young people snacks and a hot lunch during the half terms and a range of activities which included dance, arts and crafts, cooking, trips, and gardening to 59 children with 164 attendances (All participants).

The charity and with the help from the Anglican Church in Marseille and the Holy Trinity Brompton (HTB), managed to offer over 150 Christmas hampers and 50 gift cards of £10 to vulnerable families in 3 schools, service users and volunteers.

WAND UK is proud to run its weekly dance sessions in Princess Louise Nursing home and online in parallel. The program coordinator of the Care Home confirmed that the sessions have an incredible impact on elderly people with dementia and Alzheimer in terms of socialization, movement and mood improvements.

WAND also continued to work intensively with other groups in promoting the welfare of its clients, including refugees and asylum seekers, and to increase knowledge and skills required for challenging the wider determinants of health, isolation prevention, confidence building, improving skills, goal setting and changing lives.

WAND through its networking role has been a major support to women and community organizations through collaboration in organizing activities and facilitating access to services by joint activities and participation in joint advocacy and policy work in making BAME women's voices heard.

Evaluation reports and feedback from service users have positively indicated that WAND 's activities have greatly impacted on individual women's lives and their families and strengthen their sense of belonging.

Supporting our volunteers:

Our cohort of 32 volunteers helped to shape different services and projects, they generously clocked up over 4,224 hours over the year 2022-23 and this is enormously valuable to the continuous work of the Charity. 66% helped mainly in the weekly community foodbank. Our Foodbank continued to receive donations from The Felix project, City Harvest, Neighbourly, Fabrique and Bloody Good Period. 34% contributed to providing reflexology therapy, massage, haircut, social media, accounting & administration, Outreach and digital literacy.

The charity held a Celebratory Barbecue in July 2023 to bring together staff and volunteers, recognize their efforts and motivate them to keep doing solid work for our cause.



NETWORKING WITH OTHER ORGANISATIONS:

WAND works with the following organisations:

We work in close partnership with local and national bodies and deliver our services through volunteer-led interventions.

Royal Borough of Kensington Chelsea Council.	Domestic Violence Intervention Project	Women's Resource Centre
Kew Gardens	Islington Refugee Forum	St Michael Church
Imkaan	One Westminster	Voluntary Action Islington
Voluntary Action Camden	Hackney Council for Voluntary Services	Refugee Council
NHS-NWLCCG North West London Clinical Commissioning Group	Libraries in Islington, Hackney, Westminster, Camden, K&C	Metropolitan Police
Victim Support	Neighbourly	Grenfell Wellbeing service NHS
Hammersmith and Fulham Voluntary Sector Network	Royal Kensington Palace CAS	Black female Doctors
Felix project	BME health Forum	Elgin Resource Centre
Job Centre Plus North Kensington Hammersmith and Fulham and Kensington and Chelsea	Royal Albert Hall	HTB (Love Your Neighbour)
Bloody Good Period	City Harvest	

Events/ Participation/ Training:

Russell Cooke Good Governance training sessions	Voluntary Action Islington	Camden Voluntary Action
Islington Council	SOBUS	One Westminster
Kensington and Chelsea Social Council	BME Health Forum	Hammersmith & Fulham CAB
SMART	Women's Resource Centre	Safeguarding Adults Executive Board
MIND Hammersmith & Fulham	The Foundation for Social Improvement	Kensington & Chelsea Volunteer Centre

KEY METRICS

Our key metrics will remain to be the number of women helped, our success rate and the cost of delivering our service.

Future activities

In light of the challenges presented by the COVID-19 pandemic and the cost of living, WAND will continue to focus on the delivery of the Charity's set up objectives, which have been reviewed and will remain the same as the 2022/25 objectives. The organisation will continue to focus on financial sustainability and will continue to work with external partners and grant givers to progress the work of the charity.

WAND UK will continue its plans to drive diversity and break down barriers to ensure women and girls have a great experience from day one and focus on the implementation of the recommended theory of change*. WAND will continue to introduce and embed its standards of conduct across its staff, volunteers, and trustees. We will continue to enable the use of collaborative information technology and new ways of working and will invest to develop and improve our digital space.

Organizational Development

Trustees

The trustees reviewed and approved all policies and followed a three-year strategic plan 2022-2025. The trustees met quarterly throughout the year and held an Annual General Meeting.

Trusted Charity

A commitment to continuing with the "Trusted Charity Mark" accreditation process to level 2

Safe Minimum Practice Standards – Imkaan Domestic violence

WAND UK is committed to achieving the Safe Minimum Practice Standards accreditation.

Upshot

WAND UK uses upshot for collecting and managing data, monitoring progress, measuring impact and evidencing stories of our impact .

Policies

Policies for all relevant areas are maintained, including Safeguarding Adults at Risk, Safeguarding Children, Data Protection, Health and Safety, Conflict of Interest, Complaints Handling and Privacy Policy for Clients, Equality and Diversity.

The charity policy on reserves

The trustees aim to have an unrestricted undesignated reserve 25% of expenditure to meet contingent liabilities and enable the service to continue during a difficult funding climate.

Representation

WAND served on the Management Committees / Boards of Islington Centre for Refugees, Asylum seekers and Migrants and BME Health Forum.

Donors

WAND is grateful to all its donors for financial and moral support during the year under review.

Public Benefit

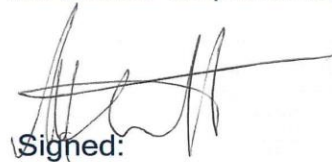
The trustees agreed to the guidance contained in the Charity Commission's general guidance on public benefits when reviewing our aims and objectives and in planning our future activities. This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies' subject to the small company's regime.

Financial review

The charity had an income of £58,097.24 for the year and expenditure of £85,100.24. The charity had a deficit of £30,359.37. The unrestricted reserves were £29,950.37

Risk

The trustees' keep a risk register of the main risks faced by the charity and reviews continuously.



Signed:

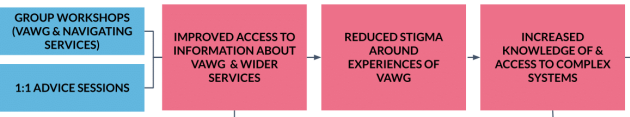
Date: 30 January 2024



WAND UK - Theory of Change

ACTIVITY
OUTCOME
ULTIMATE GOAL

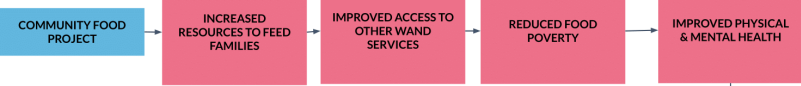
ADVICE & ADVOCACY



PERSONAL FINANCIAL GRANTS



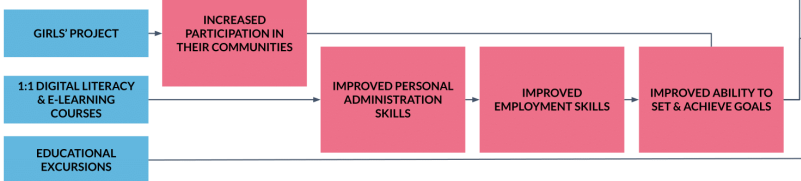
HEALTH & WELLBEING



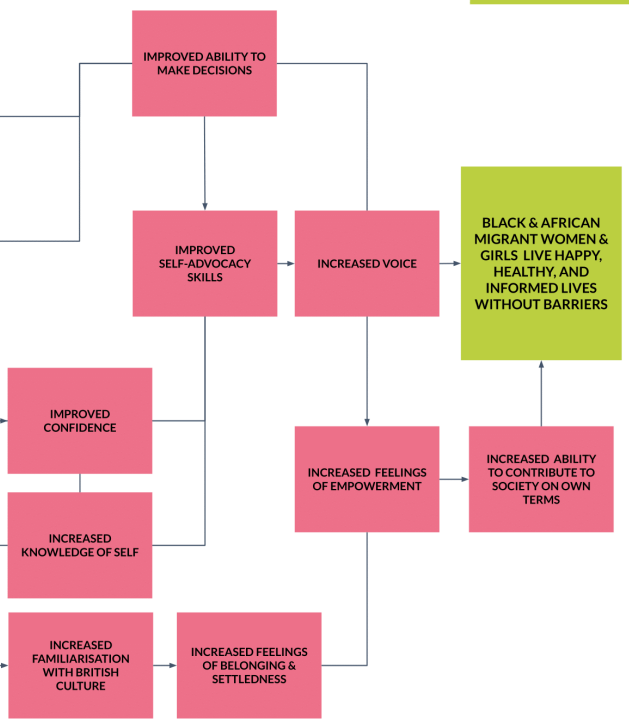
WELLBEING ACTIVITIES*



LIFELONG LEARNING



*DANCE, MANICURE, REFLEXOLOGY, GARDENING, SANITARY PRODUCT DISTRIBUTION



Independent examiner's report to the Trustees of Women's Association for Networking and Development For year ended 30 April 2023

I report to the trustees on my examination of the accounts of the above charity for the year ended 30 April 2023.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- The accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
Abdullah Mohamud ACMA, CGMA
Taskplete Accountants
12 York Road, SW11 3QA
Date: 30 January 2024

WAND UK Charity No 1111925

Income and Expenditure Account for year ended on 30 April 2023

		2023		2022	
	Notes	Restricted Funds	Unrestricted Fund	Total Funds	Total Fund
		£	£	£	£
INCOMING RESOURCES:					
Voluntary Grants	1	54,740.87	-	54,740.87	-
Donations and other Income			3,356.37	3,356.37	67,469.00
ACTIVITIES FOR GENERATING FUNDS:					
Investment Income					
Other Activities		-	-	-	-
Total Incoming Resources		54,740.87	3,356.37	58,097.24	67,469.00
RESOURCES EXPENDED:					
COST FOR GENERATING FUNDS:					
Charitable Expenses	2	85,100.24		85,100.24	74,102.00
Investment Income		-	-		-
Other Activities		-	-		
		85,100.24	0.00	85,100.24	74,102.00
CHARITABLE EXPENITURE:					
Restricted Funds					
TOTAL RESOURCES EXPENDED:		85,100.24	0.00	85,100.24	74,102.00
Net Surplus for the year		-30,359.37	3,356.37	27,003.00	-6,633.00
Opening Funds		46,315.00	26,594.00	72,909.00	79,542.00
Transfer of funds				-	
CLOSING FUNDS:		15,955.63	29,950.37	45,906.00	72,909.00

Women's Association for Networking and Development Charity No 1111925

Balance Sheet as at 30 April 2023

Charity Number: 1111925	2023	2022
Fixed Assets	-	
Current Assets		
Cash at bank	45,906.06	75,359.00
Total current assets	45,906.06	75,359.00
Total Assets	45,906.06	75,359.00
Liabilities		
Creditors		
Amount falling due within one year		<u>2,450.00</u>
		2,540.00
Net Assets		72,819.00
Financed by		
Restricted	15,955.63	26,594.00
Unrestricted	29,950.37	46,315.00
Total funds	45,906.00	72,909.00

For the year ending 30 April 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board


Director/Trustee

Date: 30 January 2024

WAND UK Charity No 1111925

Note 2 - Project grants received for period ended on 30 April 2024

Expenses	Amounts
Bank Deposit	1,286.29
Donations	2,070.08
Grants	51,190.87
Small Grants	3,550.00
Total costs	58,097.24

Note 2 - WAND UK Charity No 1111925

Project Expenditure for period ended on 30 April 2024

Expenses	Amounts
HAF Project	2,086.69
Gardening Project	22.40
Community Project	129.72
HHFC	158.72
Children Project	98.05
EU Project	4,665.13
Salaries	44,958.56
Acts 435	4,865.58
Professional fee	2,131.44
Insurance	907.30
Telephone	3,352.59
IT	2,367.43
Stationery and Printing	550.37
Food bank	1,960.10
Subscription	75.00
Fundraising	1,685.00
Travel	964.91
Volunteers' costs	1,730.83
Postage	448.81
Training and Seminar	67.10
Repair and Maintenance	4,815.00
Other costs (adjustment)	7,059.51
Total costs	85,100.24